

## First Aid Kit Guidance



All childcare settings require a properly equipped first-aid kit to be on site at all times, It is advised that a separate first aid kit is available for outings /trips to ensure that one remains on the property at all times, therefore, you may have more than one first aid kit to meet the needs of the provision.

The management team should ensure that the first-aid kit is always fully stocked.

*“The contents of the first aid containers should be examined frequently and should be re-stocked as soon as possible after use. Sufficient back up stocks should be held on site”*

### **The Health and safety first aid regulation 1981**

Keep a list of contents within the first-aid kit. The first-aid kit should be stored in a safe place which is easily accessible to staff. The box or cupboard in which it is stored should be marked with the first-aid symbol- a white cross on a green background.

Recommended contents for first aid kit, for children between ages of 0 and 12:

- Card or leaflet giving general guidance including child resuscitation;
- Sterile triangular bandages (4);
- Sterile eye pad with attachment (2);
- Assorted dressings (medium) (12);
- Assorted dressings (large) (6);
- Assorted dressings (extra large) (3);
- Paper tissues;
- Plastic disposable gloves;
- A pair of blunt scissors;
- Two alcohol-free antiseptic wipes;
- One tubular finger bandage with applicator;
- Tweezers;
- Safety pins;
- Waterproof non allergenic plasters;
- Blue plasters, for staff in food prep area;

This is by no means an exhaustive list, for further details please refer to the Health and Safety Executive guidance on [www.hse.gov.uk](http://www.hse.gov.uk)

Some children are allergic to plasters and these needs to be established on the childcare registration form when they enrol.

Always check that children aren't allergic before you use a plaster on them.

### Example of a First Aid Kit Contents Checklist

First Aid box location .....

Content Description	Amount	Size	Please date and initials when contents are checked.						

A separate sheet is advised for every first aid box within your provision including your first aid box for outings /trips (if applicable)