



## Criteria for effective paediatric first aid training

In order to meet the requirements of the EYFS, paediatric first aid courses must be approved by the local authority in whose area the early years provision is located, and must meet the following criteria:

- 1 Training is designed for workers caring for children in the absence of their parents<sup>3</sup>.
- 2 The training leading to a certificate or a renewal certificate is a minimum of 12 hours.
- 3 The first aid certificate should be renewed every three years.
- 4 Resuscitation and other equipment includes baby and junior models, as appropriate.
- 5 Training covers appropriate contents of a first aid box.
- 6 Training should include recording accidents and incidents.
- 7 Training should be appropriate to the age of the children being cared for.
- 8 The course covers the following areas:
  - 8.1 Planning for first aid emergencies.
  - 8.2 Dealing with emergencies.
  - 8.3 Resuscitation procedures appropriate to the age of children being cared for.
  - 8.4 Recognising and dealing with shock.
  - 8.5 Recognising and responding appropriately to anaphylactic shock.
  - 8.6 Recognising and responding appropriately to electric shock.
  - 8.7 Recognising and responding appropriately to bleeding.
  - 8.8 Responding appropriately to burns and scalds.
  - 8.9 Responding appropriately to choking.
  - 8.10 Responding appropriately to suspected fractures.
  - 8.11 Responding appropriately to head, neck and back injuries.
  - 8.12 Recognising and responding appropriately to cases of poisoning.
  - 8.13 Responding appropriately to foreign bodies in eyes, ears and noses.
  - 8.14 Responding appropriately to eye injuries.
  - 8.15 Responding appropriately to bites and stings.
  - 8.16 Responding appropriately to the effects of extreme heat and cold.
  - 8.17 Responding appropriately to febrile convulsions.
  - 8.18 Recognising and responding appropriately to the emergency needs of children with chronic medical conditions, including epilepsy, asthma, sickle cell anaemia, diabetes.
  - 8.19 Recognising and responding appropriately to meningitis and other serious sudden illnesses.

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<sup>3</sup> Training should also take account of any guidance on first aid for schools issued by the DCSF, and guidance on standard first aid at work training requirements issued by the Health & Safety Executive.